Instructions



VIAL OF LIFE



WHAT IS IT?

This is a container to hold critical medical information--including medical history and emergency contact information--that will be easily accessible to emergency personnel when they arrive at your home. It is recommended that each person have a separate Vial of Life tube.

WHAT IS INSIDE?

- MEDICAL INFORMATION FORM: dated and signed
- Photocopy of your driver's license or recent photograph
- Other documents: DNR (Do Not Resuscitate), Living Will, etc.

INSTRUCTIONS

- Complete the MEDICAL INFORMATION FORM in ENGLISH (Must be legible to be beneficial to medical personnel)
- Sign and Date the form and place in the tube.
- Also, place the following inside the tube:
 - o Photocopy of your driver's license or recent photograph
 - Other documents of your choosing: DNR (Do Not Resuscitate), Living Will, EKG, etc.
- Cap off the tube. Make sure both caps are properly sealed.
- Place the tube in the refrigerator or freezer in a place that is easy for emergency responders to see.
- Place sticker on the door of your fridge or freezer.
- Update your MEDICAL INFORMATION FORM whenever your medical history or medications change.